

'IFAS High Frequency Treatment'

IFAS is a method of stimulating blood circulation by the local application of an electrical current at low amperage and high frequency. The IFAS may be said to be a diffusion of an electrical current of tremendous power and resistance, into millions of tiny, harmless units which can be applied to the tenderest and most delicate parts of the body without the slightest harm. The IFAS relies on the ability of high frequency waves to penetrate the skin and stimulate blood flow deep inside the body. This is achieved by the use of scientifically designed vacuum glass applicators which are passed over the skin above the affected area. This is completely harmless and painless, and by doing so, helps ease stiffness in joints, aids the functions of the body, helps regenerate tissue, slows muscle deterioration and speedily relieves pain.

High frequency currents benefit all living matter. Through the glass vacuum applicators, light, heat, electrical energy and ozone are created, and when applied to the skin, in turn produce hyperaemia (increased blood to area), hyperthermia (increased heat to area) and erythema (slight reddening of skin, which disappears shortly after the treatment). There is no discomfort, but it instead gives soothing relief, with original pain subsiding or disappearing altogether.

Therefore, heat, light, electrical energy and ozone are transmitted to the body, increasing the flow of oxygen-rich blood to every cell, tissue and organ to bring about healing, destroy bacteria, tranquillise and soothe. When the flow of oxygen-rich blood is increased, circulation and energy flow (chi) are improved, which in turn brings about healing and pain relief.

The blood not only supplies the body with oxygen, but also with numerous other agents such as, hormones, vitamins, ferments (enzymes), minerals (including iron, which is the main component of red blood corpuscles) and trace elements. All of these agents act as catalysts in metabolism, i.e. they are able to speed up or slow down metabolism, just as required.

Therefore, increased blood supply is beneficial in our healing process.

With High Frequency treatment, Ozone is driven into the tissue, causing ozonation of the blood. This helps in germ killing and is an aid to overcoming infection.

Some of the common ailments and conditions for which IFAS has been found to be effective include **skin conditions** (psoriasis, acne, boils, warts, moles and moles), **headaches, neuralgia, neck pain, accidents and sports injury** (whiplash, shoulder injury, muscular tension, tennis elbow, bursitis, achilles tendon, sprains, joint pains, carpal tunnel, RSI), **fibromyalgia**.

The IFAS machine is listed with the Therapeutic Goods Administration and has a C/S Licence for safety.

If you would like an appointment for an IFAS treatment by one of the trained operators, please telephone Cancer and Natural Therapy Foundation for an appointment on 9740 3977 (Mon/Wed/Fri). If you have a Pacemaker or similar internal device fitted, high frequency treatment will not be given.

